

Closing date for entries: Friday 15th October 2021

9th - 4th Kyu Grades (Orange to Purple/White Belt)

1. Children's Kata (6 - 9 yrs)	Orange/Red/Yellow (9 th - 7 th Kyu)
2. Children's Kata (10 - 12 yrs)	Orange/Red/Yellow (9 th - 7 th Kyu)
3. Children's Kata (13 - 15 yrs)	Orange/Red/Yellow (9 th - 7 th Kyu)
4. Children's Kata (6 - 9 yrs)	Green/Purple/Purple-White (6 th - 4 th Kyu)
5. Children's Kata (10 - 12 yrs)	Green/Purple/Purple-White (6 th - 4 th Kyu)
6. Children's Kata (13 - 15 yrs)	Green/Purple/Purple-White (6 th - 4 th Kyu)
7. Male Kata (16+ yrs)	Orange/Red/Yellow (9 th - 7 th Kyu)
8. Male Kata (16+ yrs)	Green/Purple/Purple-White (6 th - 4 th Kyu)
9. Female Kata (16+ yrs)	Orange/Red/Yellow (9 th - 7 th Kyu)
10. Female Kata (16+ yrs)	Green/Purple/Purple-White (6 th - 4 th Kyu)
11. Boys Sanbon Kumite (6 - 9 yrs)	Orange/Red/Yellow (9 th - 7 th Kyu)
12. Boys Sanbon Kumite (10 - 12 yrs)	Orange/Red/Yellow (9 th - 7 th Kyu)
13. Boys Sanbon Kumite (13 - 15 yrs)	Orange/Red/Yellow (9 th - 7 th Kyu)
14. Boys Kihon Ippon Kumite (6 - 9 yrs)	Green/Purple/Purple-White (6 th - 4 th Kyu)
15. Boys Kihon Ippon Kumite (10 - 12 yrs)	Green/Purple/Purple-White (6 th - 4 th Kyu)
16. Boys Kihon Ippon Kumite (13 - 15 yrs)	Green/Purple/Purple-White (6 th - 4 th Kyu)
17. Girls Sanbon Kumite (6 - 9 yrs)	Orange/Red/Yellow (9 th - 7 th Kyu)
18. Girls Sanbon Kumite (10 - 12 yrs)	Orange/Red/Yellow (9 th - 7 th Kyu)
19. Girls Sanbon Kumite (13 - 15 yrs)	Orange/Red/Yellow (9 th - 7 th Kyu)
20. Girls Kihon Ippon Kumite (6 - 9 yrs)	Green/Purple/Purple-White (6 th - 4 th Kyu)
21. Girls Kihon Ippon Kumite (10 - 12 yrs)	Green/Purple/Purple-White (6 th - 4 th Kyu)
22. Girls Kihon Ippon Kumite (13 - 15 yrs)	Green/Purple/Purple-White (6 th - 4 th Kyu)
23. Male Sanbon Kumite (16+yrs)	Orange/Red/Yellow (9 th - 7 th Kyu)
24. Male Kihon Ippon Kumite (16+yrs)	Green/Purple/Purple-White (6 th - 4 th Kyu)
25. Female Sanbon Kumite (16+yrs)	Orange/Red/Yellow (9 th - 7 th Kyu)
26. Female Kihon Ippon Kumite (16+yrs)	Green/Purple/Purple-White (6 th - 4 th Kyu)

KATA for Colour Belts

- **9th - 7th Kyu** Heian Shodan to final 4 - *Flag System*
- **6th - 4th Kyu** Heian Shodan, Heian Nidan, Heian Sandan to final 4 - *Flag System*
- **Final** Any Kata (competitor choice) - *Points System*

KUMITE for Colour Belts

- **9th - 7th Kyu** Sanbon Kumite - Jodan & Chudan
- **6th - 4th Kyu** Kihon Ippon Kumite - Jodan, Chudan & Mae Geri
(*Right side only! Left side in the event of a draw*)

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3rd Kyu Grade and above (Brown & Black Belt)

27. Boys Individual Kata (7 - 9 yrs)	Brown & Black Belts (3 rd Kyu+)
28. Boys Individual Kata (10 - 12 yrs)	Brown & Black Belts (3 rd Kyu+)
29. Boys Individual Kata (13 - 15 yrs)	Brown & Black Belts (3 rd Kyu+)
30. Girls Individual Kata (7 - 9 yrs)	Brown & Black Belts (3 rd Kyu+)
31. Girls Individual Kata (10 - 12 yrs)	Brown & Black Belts (3 rd Kyu+)
32. Girls Individual Kata (13 - 15 yrs)	Brown & Black Belts (3 rd Kyu+)
33. Male Individual Kata (16 - 20 yrs)	Brown & Black Belts (3 rd Kyu+)
34. Male Individual Kata (21 - 39 yrs)	Brown Belts ONLY (3 rd - 1 st kyu)
35. Male Individual Kata (21 - 39 yrs)	Black Belts ONLY (1 st Dan & above)
36. Male Individual Kata (40+ yrs)	Brown & Black Belts (3 rd Kyu+)
37. Female Individual Kata (16 - 39 yrs)	Brown Belts ONLY (3 rd - 1 st kyu)
38. Female Individual Kata (16 - 39 yrs)	Black Belts ONLY (1 st Dan & above)
39. Female Individual Kata (40+ yrs)	Brown & Black Belts (3 rd Kyu+)
40. Boys Individual Kumite (7 - 9 yrs)	Brown & Black Belts (3 rd Kyu+)
41. Boys Individual Kumite (10 - 12 yrs)	Brown & Black Belts (3 rd Kyu+)
42. Boys Individual Kumite (13 - 15 yrs)	Brown & Black Belts (3 rd Kyu+)
43. Girls Individual Kumite (7 - 9 yrs)	Brown & Black Belts (3 rd Kyu+)
44. Girls Individual Kumite (10 - 12 yrs)	Brown & Black Belts (3 rd Kyu+)
45. Girls Individual Kumite (13 - 15 yrs)	Brown & Black Belts (3 rd Kyu+)
46. Male Cadet Individual Kumite (16 - 18 yrs)	Brown & Black Belts (3 rd Kyu+)
47. Male Individual Kumite (19 - 39 yrs)	Brown Belts ONLY (3 rd - 1 st kyu)
48. Male Individual Kumite (19 - 39 yrs)	Black Belts ONLY (1 st Dan & above)
49. Male Individual Kumite (40+ yrs)	Brown & Black Belts (3 rd Kyu+)
50. Female Cadet Individual Kumite (16 - 18 yrs)	Brown & Black Belts (3 rd Kyu+)
51. Female Individual Kumite (19 - 39 yrs)	Brown Belts ONLY (3 rd - 1 st kyu)
52. Female Individual Kumite (19 - 39 yrs)	Black Belts ONLY (1 st Dan & above)
53. Female Individual Kumite (40+ yrs)	Brown & Black Belts (3 rd Kyu+)

KATA for Brown & Black Belts

- **Age 7-15** Heian 1 to 5 plus Tekki 1 to final 4 - *Flag System*
- **Final** Shotokan 15 (competitor choice) (Heian 1-5, Bassai Dai, Kanku Dai, Jion, Enpi, Hangetsu, Tekki 1, 2, 3, Gankaku and Jitte) - *Points System*
- **Age 16+** Heian 2 to 5 plus Tekki 1 to final 8 - *Flag System*
- **Semi Final** Bassai Dai, Kanku Dai, Jion, Enpi (competitor choice) to final 8 - *Points System*
- **Final** Any JKA Shotokan Kata (different Kata from Semi Final) - *Points System*

KUMITE for Brown & Black Belts

- Gum shields and white fist protectors are COMPULSORY for all Jiyuu Kihon Ippon Kumite (Jodan, Chudan, Mae Geri) and Jiyuu Kumite (free sparring) events.
- Chest protectors (women) and groin protectors (men) are RECOMMENDED.
- Competitors who wear contact lenses should bring spares in case they come out during the match and reattach within 2 minutes.
- **Age 7 - 9** Jiyuu Kihon Ippon Kumite throughout
- **Age 10 – 12** Jiyuu Kihon Ippon Kumite to final 8, then Jiyuu Kumite (free sparring)
- **Age 13+** Jiyuu Kumite (free sparring) throughout